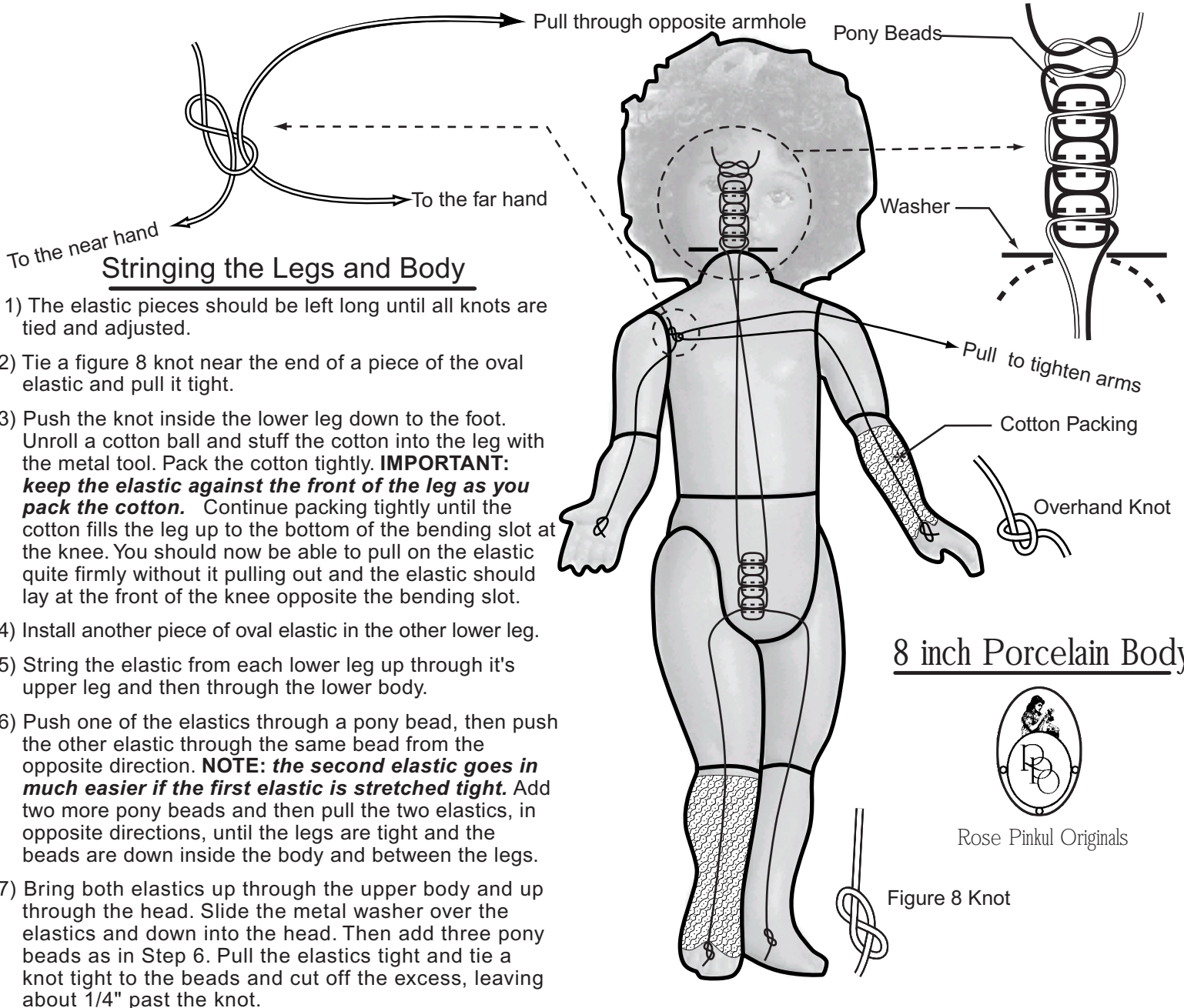


## Materials

- 1) Oval elastic from the fabric store. Approximately 1/8" wide by 1/16" thick.
- 2) Pony beads from the fabric store. Approximately 5/16" diameter with 1/8" hole.
- 3) Cotton balls.
- 4) Metal rod with blunt end for packing the cotton into arms and legs. I use small drill bits; drilled into the end of a piece of 3/8" dowel for a handle.
- 5) Small hemostats for clamping the elastic.
- 6) Small metal washer for the neck.

## Stringing the Arms

- 1) The elastic pieces should be left long until all knots are tied and adjusted.
- 2) Tie an overhand knot near the end of a piece of oval elastic and pull it tight.
- 3) Push the knot inside the lower arm down to the hand. Unroll a cotton ball and stuff the cotton into the arm with the metal tool. Pack the cotton tightly. **IMPORTANT: keep the elastic against the side of the arm opposite the bending slot as you pack the cotton.** Continue packing tightly until the cotton fills the arm to the bottom of the bending slot at the elbow. You should now be able to pull on the elastic quite firmly without it pulling out and the elastic should lay at the side of the elbow opposite the bending slot.
- 4) Install another piece of oval elastic in the other lower arm.
- 5) String the elastics through the upper arms.
- 6) Stretch the elastic tight in one of the arms and clamp the hemostat on the elastic up against the porcelain of the upper arm so as to keep the elastic stretched tight inside the arm. Tie a figure 8 knot loosely in the elastic close to the hemostat. Pass the elastic from the other arm through the shoulder holes of the body and then through the figure 8 knot by the hemostat (as in the diagram) and then back through the body again.
- 7) Work the figure 8 knot down against the hemostat and pull it tight. Cut off the excess about 1/4" from the knot (be careful not to cut the elastic from the other arm).
- 8) Now pull on the end of the other elastic until the arms start to tighten against the body. Remove the hemostat and continue pulling the elastic until both arms are snug into the body; then cut off the excess and let the end go back inside the body.



## Stringing the Legs and Body

- 1) The elastic pieces should be left long until all knots are tied and adjusted.
- 2) Tie a figure 8 knot near the end of a piece of the oval elastic and pull it tight.
- 3) Push the knot inside the lower leg down to the foot. Unroll a cotton ball and stuff the cotton into the leg with the metal tool. Pack the cotton tightly. **IMPORTANT: keep the elastic against the front of the leg as you pack the cotton.** Continue packing tightly until the cotton fills the leg up to the bottom of the bending slot at the knee. You should now be able to pull on the elastic quite firmly without it pulling out and the elastic should lay at the front of the knee opposite the bending slot.
- 4) Install another piece of oval elastic in the other lower leg.
- 5) String the elastic from each lower leg up through it's upper leg and then through the lower body.
- 6) Push one of the elastics through a pony bead, then push the other elastic through the same bead from the opposite direction. **NOTE: the second elastic goes in much easier if the first elastic is stretched tight.** Add two more pony beads and then pull the two elastics, in opposite directions, until the legs are tight and the beads are down inside the body and between the legs.
- 7) Bring both elastics up through the upper body and up through the head. Slide the metal washer over the elastics and down into the head. Then add three pony beads as in Step 6. Pull the elastics tight and tie a knot tight to the beads and cut off the excess, leaving about 1/4" past the knot.

## 8 inch Porcelain Body



Rose Pinkul Originals

Figure 8 Knot